



BOOK ANNOUNCEMENT

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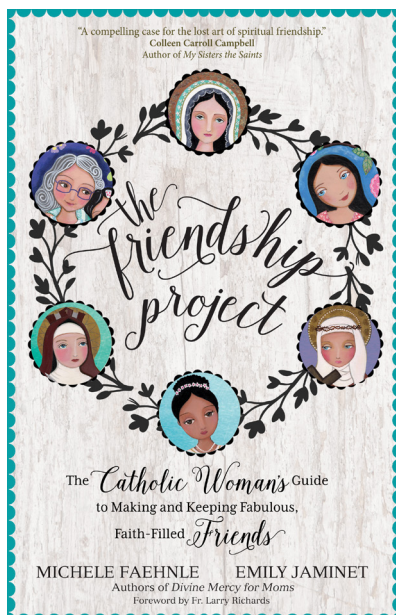
CATHOLIC WOMEN CALLED TO DEEPEN, DEVELOP FRIENDSHIPS THROUGH FAITH

NOTRE DAME, Ind.—At a time when friendship is often defined by “likes” on social media, Michele Faehnle and Emily Jaminet—bestselling authors of *Divine Mercy for Moms*—are on a mission to help Catholic women discover that they truly can deepen old friendships and cultivate new ones of virtue. It takes attention to faith through the cardinal and theological virtues and following in the footsteps of the exemplary friendships of saints.

In the midst of their active lives as wives, mothers, and volunteers, Faehnle and Jaminet found themselves missing their old friends and searching for new ones. They also realized that they needed to continually work to develop deep, meaningful relationships that would allow them to be themselves, to care for others and be cared for, and to deepen their Catholic faith.

In *The Friendship Project*, Faehnle and Jaminet explore the cardinal and theological virtues with an eye toward friendship. Focusing on faith, hope, love, prudence, gratitude, loyalty, generosity, and prayerfulness, they help readers answer questions such as, “What does it mean to be women of hope, and how does that change our lives and make us more compassionate friends during difficult times?”

Faehnle and Jaminet answer these questions by employing Church teaching and telling readers the stories of their own friendships and those from the lives of saints and biblical women—including the Blessed Virgin Mary and St. Elizabeth, St. Thérèse of Lisieux and her sister Servant of God Léonie, and Sts. Perpetua and Felicity. Not only will readers be drawn closer to friends both new and old, but they will learn how these friendships—and the virtues practiced to nurture them—draw Catholics closer to God.



The Friendship Project

*The Catholic Woman's Guide to
Making and Keeping Fabulous,
Faith-Filled Friends*

**By Michele Faehnle
and Emily Jaminet**

ISBN: 978-1-59471-761-1

192 pages • \$15.95

Also available as an eBook.

“In an age that values social networks over face-to-face relationships, Michele Faehnle and Emily Jaminet make a compelling case for the lost art of spiritual friendship.”

Colleen Carroll Campbell

Author of My Sisters the Saints

ABOUT THE AUTHORS



Michele Faehnle is a contributor to *CatholicMom.com*, codirector of the Columbus Catholic Women's Conference, and coauthor of *Divine Mercy for Moms*. She earned a bachelor of science degree (cum laude) in nursing from Franciscan University of Steubenville in 1999. After twelve years as a labor and delivery nurse, she left nursing to be home with her growing family and answer the call to the New Evangelization. Faehnle has spoken at the National Shrine of Divine Mercy and to several women's groups and conferences, including 1:38 Women, Mothering with Grace Annual Mother's Conference, Indiana Catholic Women's Conference, and the online Catholic Conference for Moms. Faehnle has appeared on EWTN's *At Home with Jim and Joy* and a number of Catholic radio programs. She and her husband, Matthew, have four children and live in Columbus, Ohio.

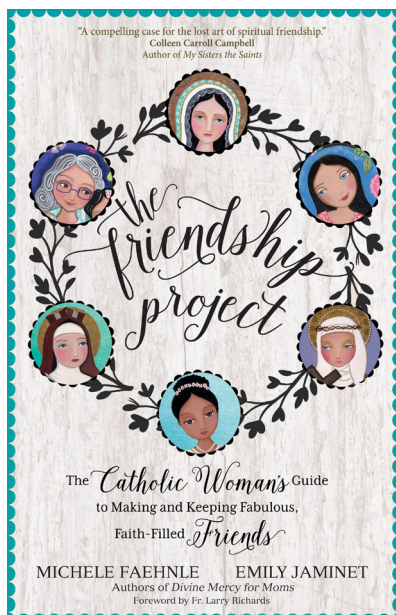


Emily Jaminet is a contributor to *CatholicMom.com* and coauthor of *Divine Mercy for Moms*. She serves on the leadership team of the Columbus Catholic Women's Conference. Jaminet earned a bachelor's degree in mental health and human services from Franciscan University of Steubenville in 1998. After several years working at the Pittsburgh Leadership Foundation, Jaminet moved back to Columbus, Ohio, to be a stay-at-home mom.

Jaminet offers a daily segment called "A Mother's Moment" on St. Gabriel Catholic Radio and Mater Dei Radio. She has spoken to several women's groups and conferences, including 1:38 Women, Mothering with Grace Annual Mother's Conference, Indiana Catholic Women's Conference, Women's Day of Reflection for Homeschoolers, and the online Catholic Conference for Moms. Jaminet has appeared on EWTN's *At Home with Jim and Joy* and a number of Catholic radio programs. She and her husband, John, have seven children and live in Columbus, Ohio.

"When Christ is at the center of our friendships, the meaning of these relationships will far outlast the moment and can transform us into saints. When we find friends who are able to share our faith life with us, we will never feel alone."

Excerpt from *The Friendship Project*



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PRAISE FOR THE FRIENDSHIP PROJECT

“The Bible says that ‘a faithful friend is a sturdy shelter and he that has found one has found a treasure.’ The same goes for finding this book! We are all a work in progress, and while finding virtuous friendships can be difficult, they are *vital* in life. *The Friendship Project* shows us just how to find and invest in these intentional and virtuous friendships.”

Sarah Swafford

Speaker and author of *Emotional Virtue: A Guide to Drama-Free Relationships*

“We live in a technology-driven world where people are instantly connected, yet in our own personal lives, we often feel isolated and alone. *The Friendship Project* is an inspiring and uplifting answer to how we can be internally connected and equipped to form lasting friendships—first with God and second with others. It underscores the truth that happiness lies in living a virtuous life.”

Sr. John Dominic, O.P.

Developer of *Disciple of Christ, Education in Virtue*

“Treat yourself and your friends to *The Friendship Project*! It’s an inspired masterpiece with each chapter a fascinating, spiritual powerhouse of practical help and fun ways to make your life happier and holier.”

Mary Ann Budnik

Author of the Raise Happy Children series

SUGGESTED INTERVIEW QUESTIONS:

1. What inspired you to take on this project about friendship?
2. Which pairs of saints and Biblical women have been the most influential in your own friendships?
3. How has working on this book strengthened your friendship?
4. How has social media impacted, both negatively and positively, the way faith-filled friendship can grow?