

# Ice Breaker Ideas for Small Groups

As you start your small group each week, it's important to make your participants comfortable talking and at ease with the other. One simple way to help your group participants get to know each other and begin to open up about themselves is through the use of icebreakers. Icebreakers are not about answering the questions correctly but rather focusing on conversation with one another. Below are some sample ice breaker ideas for your group. We always recommend introducing yourself at each meeting, especially if there are new people in your group.



**Ask a question and as everyone introduces themselves, have them share the answer to one of the questions below:**

1. How would you change the world with one million dollars? If someone gave you a check for a million dollars with instructions that you had to spend it on other people or towards a certain cause, what would you do with that money and why?
2. Who was your hero when you were a kid and why did you admire them?
3. What is one of the kindest act you have ever witnessed or heard of someone doing and how did it impact you?
4. Have you ever been on a religious pilgrimage? What was it like? If not, have you ever visited a new church, such as a basilica or a shrine, while on a trip?
5. What is your favorite scripture verse or story?

## **Find Ten Things in Common**

Work together to find ten things that everyone in your group has in common - maybe it's your faith, you live in the same community, you all have a pet, you like a certain type of food, etc. Hopefully you all want to develop faith-filled friendships!

## **Two Truths and a Lie**

As you go around the room, have each person say three statements about themselves. Two are true and the third is not true. Have the rest of the participants guess which one is the lie.

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## Have You Ever?

Have the facilitator read off a list of ideas. If the participants have done one of these things, allow them to elaborate. You can pick and choose from these ideas or create your own.

1. Climbed a mountain?
2. Visited all 50 states?
3. Run, walked, or biked in a race?
4. Traveled internationally for pleasure or for work?
5. Won a prize in a raffle or on a game show?
6. Gone on a blind date?
7. Belonged to a faith-sharing group before?
8. Watched multiple episodes in a row of a particular show? (You can specify how many!)
9. Met a new friend on a trip that you are still friends with on Facebook or keep in touch?
10. Left the iron or stove on and left the house?
11. Lost your keys?
12. Locked yourself out of the house?
13. Baked a wedding cake?
14. Broken a heel off a shoe?
15. Wrote an article or a book?
16. Had your picture taken with the pope?
17. Been skydiving?
18. Taught or teaches faith formation at their parish?
19. Burned a cake?
20. Accidentally left the house and drove somewhere in slippers?

## The M & M Game

Have a small cup of M&M candies available on the table. Ask each participant to pick one M & M. The color of the candy determines which question you will ask them.

**Red:** What is the most challenging thing you have ever done?

**Blue:** What was your most memorable vacation?

**Green:** What is your favorite sport or spectator activity?

**Brown:** If you could meet anyone famous, who would it be and why?

**Orange:** What is your favorite movie and why?

**Yellow:** What is your favorite memory?